

MAKING & TRAINING DISCIPLES

Conservative Congregational Christian Conference

Orlando

2026

SESSION 1

PREPARING YOUR CHURCH TO BE HEALTHY

THE PRIORITY OF CHURCH HEALTH

12 Characteristics Of A Healthy Church

1. They embark on a journey of faith.
2. They choose influence over success.
3. They embrace ministries of the head, heart & hand.
4. They are intentional about making mature and equipped followers of Christ, who make mature and equipped followers of Christ.
5. They equip their people to appropriate the power of the Holy Spirit.
6. They emphasize the marriage of grace & duty.
7. They destroy the ministry idols of tradition and preference.
8. They don't compromise spiritual nutrition for the sake of simplicity & growth.
9. They provide healthy environments for worship and feeding rather than environments for entertainment and self-help inspiration.
10. They correctly steward the keys to the Kingdom and the sacraments.
11. They underscore all their teaching with the realities of the authentic gospel and of Christ as the only hope of glory.
12. They allow their pastor to focus on shepherding through his teaching, leading & equipping.

THE IMPORTANCE OF IDENTITY

FIVE IDENTITY OPTIONS

1. **Educational Identity – Preaching/Teaching**
(Feeding The Congregation)
2. **Pastoral Identity – Shepherding/Counseling**
(Caring For The Flock)
3. **Attractional Identity – Evangelizing**
(Winning The Lost)
4. **Serving Identity – Justice/Mercy**
(Caring For The Needy)
5. **Equipping Identity – Leading/Training**
(Coaching Life On Life)

Only one of these identities can make the other four ministry areas stronger – an equipping identity.

THE PRIMARY FOCUS OF AN EQUIPPING CHURCH

1. Making Disciples (unbelief to belief)
2. Training Disciples (belief to maturity)
3. Developing Leaders (maturity to leadership)

THE IMPORTANCE OF AN EFFECTIVE PLAN TO MAKE AND TRAIN DISCIPLES

(Optional Seminar)

BECOMING A MORE OUTWARD FACING CHURCH

TAKING BELIEVERS FROM BELIEF TO MATURITY

SIX OBSERVATIONS REGARDING MAKING DISCIPLES

- 1. Studies Show That Fruitful Disciple Making Is Very Rare In Most “Gospel-Embracing” Churches In America.**
- 2. Most “Gospel-Embracing” Pastors Want Their Church To Be Fruitful In Disciple Making.**
- 3. Most True Followers Of Christ Sincerely Want To Make Disciples, But Do Not Believe They Are Capable Of Doing So.**
- 4. Most “Gospel-Embracing” Churches Are Not Routinely Equipping Their Members To Make Disciples In A Way That Is Relevant To The Culture In Which They Live.**
- 5. To Be Adequately Equipped To Make Disciples, Christ Followers Must Have:**
 - 1) A biblically sound plan**
 - 2) A missionally focused mindset**
 - 3) A culturally relevant toolset**
 - 4) A frequently visited workshop**
- 6. Sermons And Seminars Can Adequately Address The Topics Of Biblical “Plan”, Missional “Mindset” And Choice Of “Workshop”. However, Equipping God’s People To Use Culturally Relevant “Tools” Is Rarely Accomplished Without The Use Of Personal Coaching.**

A BIBLICALLY SOUND PLAN

THE IMPORTANCE OF HAVING A PLAN

Proverbs 21:5

“The plans of the diligent lead to profit”.

-“Lofty ideals are rarely experienced without an outstanding, well thought through plan.”

JESUS’ PLAN FOR MAKING DISCIPLES

Matthew 28:18-20

¹⁸ And Jesus came up and spoke to them, saying, “All authority has been given to Me in heaven and on earth.

¹⁹ Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit,

²⁰ teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.”

ONE IMPERATIVE – “MAKE DISCIPLES”

THREE PARTICIPLES

1. “Going”

- “greet”
- “befriend”

2. “Baptizing”

- etymological root – “to identify with”
- “baptizo” represents a believers union with Christ’s death & resurrection (identifying with Jesus)
- “Invite”

3. “Teaching”

- not “teaching them all things Jesus commands”
- rather, “teaching them to observe all things”

Acts 17:1-3

¹Now when they had traveled through Amphipolis and Apollonia, they came to Thessalonica, where there was a synagogue of the Jews.

² And according to Paul’s custom, he went to them, and for three Sabbaths reasoned with them from the Scriptures,

³ explaining and giving evidence that the Christ had to suffer and rise again from the dead, and saying, “This Jesus whom I am proclaiming to you is the Christ.

A THREE STEP STRATEGY

- 1. Greet (“Going”)**
- 2. Befriend (“Going”)**
- 3. Invite (“Baptizing” and “Teaching”)**

A THREE OPTION INVITATION

- 1. Invite To Read**
 - By Reading A Book
 - i.e. The Answer
- 2. Invite To Attend**
 - By Attending A Group
 - i.e., An “Investigative Forum Group”
- 3. Invite To Meet**
 - By Meeting With An Individual
 - i.e., “Life Issues” Discussions

-Having looked at the plan given to us by Jesus, we can now look at the three remaining prerequisites for becoming effectively, outward facing.

A MISSIONALLY FOCUSED MINDSET

-Not optional for obedient believers

- Matthew 4

- "Follow Me and I will make you fishers of men"

- Luke 19

- "The Son of Man came to seek and to save the lost"

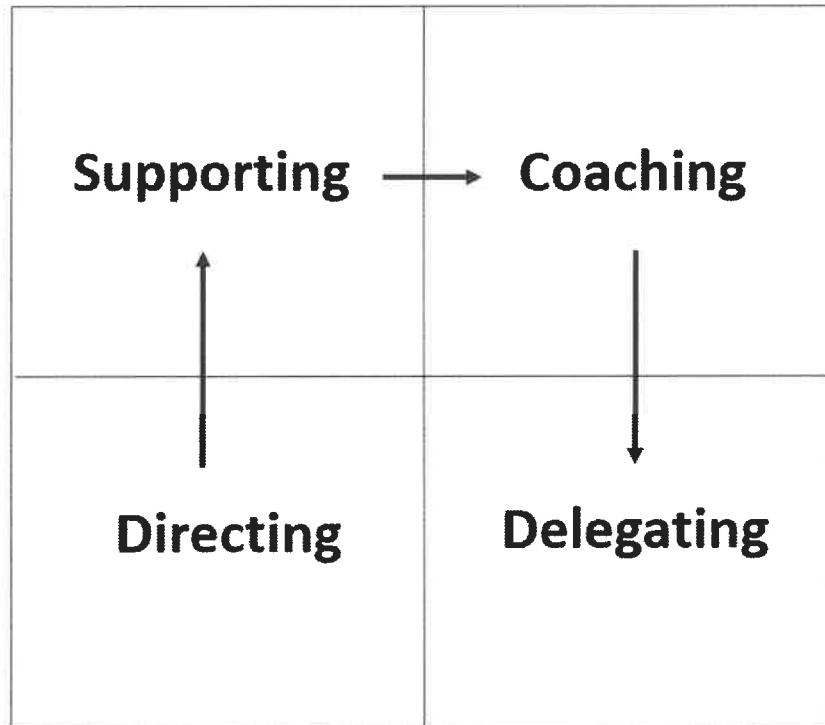
- Matthew 28

- "The great commission"

- The many warnings of hell

-“Church members develop a missional mindset, in great part, because they see their pastor and leaders embracing this proper mindset, hear their stories of engaging with the lost in their everyday life and accept their invitation to take advantage of their church's repeated offerings to equip and coach them to share their faith.”

-The necessity of coaching (Ken Blanchard)*



*Situational Leadership Paradigm

“To go from ‘directing’ to ‘delegating’ creates ‘disillusioned learners.’ And I know of no organization more notorious for producing disillusioned learners than the church.”

Ken Blanchard

A CULTURALLY RELEVANT TOOLSET

“Without an effective toolset, Christians rarely share their faith. But when they are given the right tools, they usually become fruitful.”

1. Types Of Tools

- 1) Introductory Tools
- 2) Three Primary Tools
 - (1) A “Reading” Tool
 - The Answer
 - (2) An “Attend” Tool
 - An Investigative Forum Group (IF Group)
 - (3) A “Meet” Tool
 - “Life Issues” Booklets
- 3) Support Tools
 - (1) For anyone
 - (2) For nominal believers & close friends
 - (3) For those in other religions or cults
 - (4) For Jewish people
- 4) Follow-Up Tools
 - “Next Step” Booklets

2. Characteristics of Effective Investigative Tools

- 1) Tools designed with the belief that God does the converting, using His tool, The Bible
- 2) Tools which are relevant to the culture in which they are used
 - (1) Tracts
 - (2) Monologues
 - A single appointment presentation designed for prepared people
 - (3) Dialogues
 - A multiple appointment conversation designed for unprepared people
- 3) Tools which address the questions that non-believers are asking
 - (1) How can Christians believe The Bible is God's Word without error?
 - (2) How can Christians believe that God allows all people, including good, moral people outside of Christianity, to be separated from God for all eternity?
 - (3) How can Christians believe that of all the religious leaders who have lived, Jesus is the one and only way to God?

and assuming there is merit in the answers to the previous question
 - (4) What does Jesus say is required to have eternal life?
- 4) Tools which respect the two greatest desires of interested non-believers
 - (1) Brevity
 - (2) Privacy

A FREQUENTLY VISITED WORKSHOP

1. Workshops Which Are Chosen With Kingdom Intentionality

2. Workshops Which Are Visited Routinely

RESOURCES

To Purchase The Answer

Single book orders (1-9) – Amazon, \$15 per copy

For bulk orders (10 or more) – contact Rachael Hamilton

Website – rppresources.com

Email – rppresources@gmail.com

- Pack of 10 (minimal order) - \$8 per book + shipping
- 1-2 boxes (50 per box) - \$7 per book + shipping
- 3 or more boxes (50 per box) - \$6 per book + shipping

Inviting Faith Foundations Videos

Randypope.org/foundations26 (password – foundations)

SESSION 2

TAKING BELIEVERS FROM BELIEF TO MATURITY

THE PROGRAM

(The Absence Of The Correct Target)

THE MATURE AND EQUIPPED FOLLOWER OF CHRIST

- 1. Is Living Consistently Under The Control Of The Holy Spirit, The Direction Of The Word Of God, And The Motivation Of The Love Of Christ,**
- 2. Has Discovered, Developed And Are Using Their Spiritual Gifts,**
- 3. Has Learned To Effectively Share Their Faith, In A Winsomely Engaging Way,**
- 4. Gives Evidence Of Being**
 - a faithful member of God's church
 - an effective manager of life, relationships and resources,
 - a willing minister to others including "the least of these", and
 - an available messenger to non-Kingdom people, and
- 5. Demonstrates A Life Characterized As**
 - gospel driven,
 - worship focused,
 - morally pure,
 - evangelistically bold,
 - discipleship grounded,
 - family faithful, and
 - socially responsible.

THE SOLUTION

1. The Discovery Of The Appropriate Target

Mature and Equipped Followers Of Christ

2. Embracing A Plan That Enables The Church To Hit It's Target

Life-on-Life Missional Discipleship is defined as:

"Laboring in the lives of a few with the intention of imparting one's life and God's truth in such a way as to see them become mature and equipped followers of Christ, committed to doing the same in the lives of others."

Life-on-Life Missional Discipleship requires:

1. a qualified leader,
2. a faithful few, willing to follow,
3. intentionality regarding making mature and equipped followers of Christ, and
4. doing the right things to make mature and equipped followers of Christ.

What Are The “Right Things” Necessary To Make Mature And Equipped Followers Of Christ?

Tru~~th~~

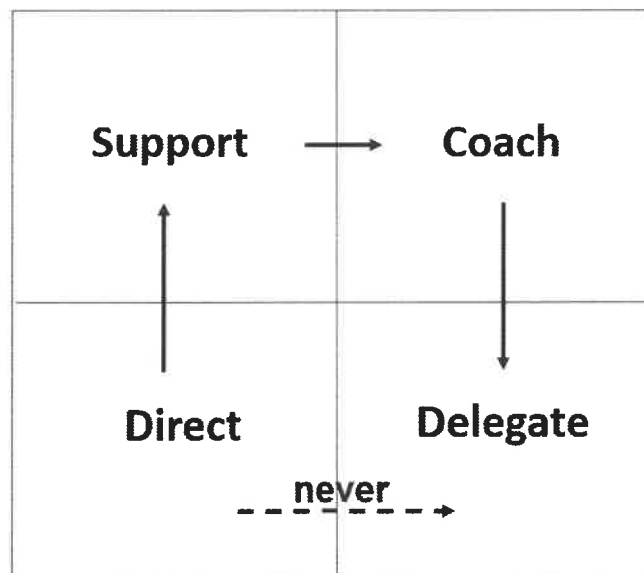
Equipp~~ing~~

Accountab~~ility~~

Mission

Suppl~~ication~~

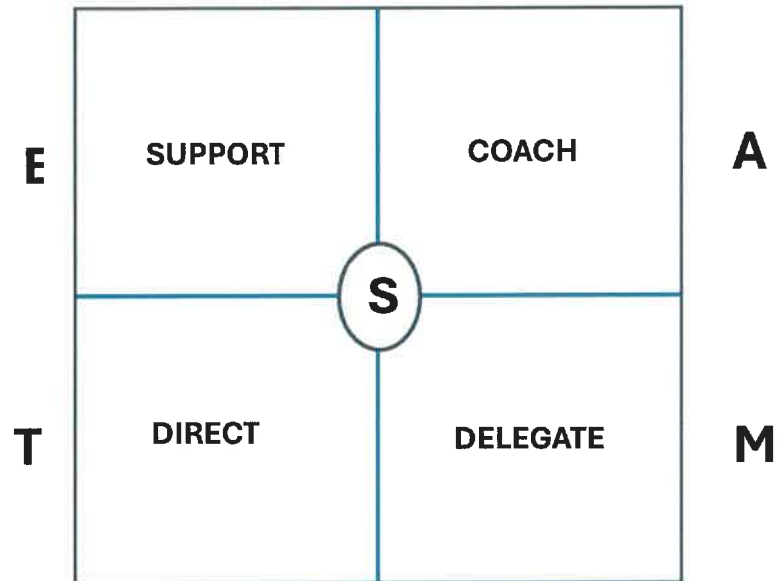
Without Life On Life Discipleship, We Run The Risk Of Producing Immature Believers, At Best, And Disillusioned Learners, At Worst.



*Ken Blanchard's Situational Leadership Paradigm

Ken Blanchard

"I know of no other organization as notoriously guilty of producing disillusioned learners than the Church."



SESSION 3

LIFE LEARNINGS REGARDING TRAINING DISCIPLES

1. Selection

2. Multiplication

3. The Hardware

The Operating System - T.E.A.M.S.

4. The Software

The Curriculum – “The Journey”

THE JOURNEY

Master Curriculum - 3 Year Overview

Section	Section Title	Curriculum Title	Week	Unit Name/Subtitle
1	Gospel Living	Glory, Grace, Truth The Gospel Living opens each of The Journey annual curriculums: Blue, Green, and Red	1	Glory - Why We Embrace Christ: Finding the Missing Piece that Satisfies
			2	Glory - How We Embrace Christ: Embracing Christ in Personal Worship
			3	Grace - Why We Embrace the Cross: Learning to Rightly Relate to God
			4	Grace - How We Embrace the Cross: Embracing the Cross through Spirit-filled Living
			5	Truth - Why We Embrace the Word: Following God's Path to Full Glory
			6	Truth - How We Embrace the Word: Living as Ambassadors to a Broken World
2	Grace Commitments	A Commitment to the Local Church	1	The Local Church, Part 1: A Needed Authority for Kingdom People
			2	The Local Church, Part 2: A Safe Home for Kingdom People
			3	The Local Church, Part 3: A Mission to Non-Kingdom People
			4	The Local Church, Part 4: An Equipping Station for Kingdom People
		A Commitment to Generous Living	1	Generous Living is an Evidence of: Your Level of Contentment
			2	Generous Living is an Evidence of: Your Choice of Investment
			3	Generous Living is an Evidence of: Your Motive of Worship
			4	Generous Living is an Evidence of: Your Demonstration of Faith
		A Commitment to the Lord's Day & His Sacraments	1	The Lord's Day, Part 1: The One Day in Seven Pattern of Life
			2	The Lord's Day, Part 2: A Sabbath Made for Man
			3	The Sacrament of Baptism: The Initial Sign of the New Covenant
			4	The Sacrament of the Lord's Table: A Promise, A Picture, A Memory
3	Knowing God	The Supremacy of God	1	The Sovereignty of God: Limitless Power, Perfect Knowledge, Absolute Authority
			2	The Spirituality of God: Transcendent, Omnipresent, Immanent
			3	The Immutability of God: Unchanging, Eternal Perfection
		The Tri-Unity of God	1	The First Person of the One God: The Father in whom, and For Whom We Live
			2	The Second Person of the One God: The Son Through Whom We Live
			3	The Third Person of the One God: The Spirit Who Lives in Us
		The Goodness of God	1	The Righteousness of God: The Standard of Moral Perfection
			2	The Love of God For All People, and For His People
			3	God's Forgiveness: Priceless, Costly and Free
4	Healthy Marriage	Understanding Your God Given Roles	1	Male and Female: How God Designed Your Spouse
			2	Headship and Submission: How God Designed Marriage
			3	Love: How Husbands Fulfill Their Role in Marriage
			4	Respect: How Wives Fulfill Their Role in Marriage
		Before & After You Say "I Do"	1	The Myths about Marriage: It's probably not what you think it is
			2	The Mystery of Marriage: The Search for Oneness
			3	Avoiding the Fatal Attraction: The Best Hope of a Lasting Love
			4	When you Encounter a Stalemate: Living in a Relational Log Jam
		Learning to Resolve Conflict	1	Embracing a Spirit of Reconciliation: What the Gospel says about Resolving Conflict
			2	10 Rules for Resolving Conflict: Demonstrating a Spirit of Reconciliation, Part 1
			3	10 Rules for Resolving Conflict: Demonstrating a Spirit of Reconciliation, Part 2
			4	10 Rules for Resolving Conflict: Demonstrating a Spirit of Reconciliation, Part 3

Section	Section Title	Curriculum Title	Week	Unit Name/Subtitle
5	Biblical Worldview	Our Place in God's World	1	The Truth About Science & the Bible: Which Truth Should You Believe?
			2	Before the Design: There was a Designer
			3	The Facts of Life: Did Darwin Get Them Right?
			4	The Image of God: Why You Are More Than Just a Smart Mammal
			5	Knowing Your Place in God's World: Seeing Yourself Through The Designer's Eyes
			6	The Sanctity of a Life: What the Gospel Says About Human Value
			7	What in the World are You Doing? Fulfilling the Purpose for Which You Were Designed
	Biblical Worldview	Living in a Fallen World	1	The Descent into Depravity: Why We Need A Redeemer
			2	The Consequences of the Fall: Sin and Misery in a Broken World
			3	Running from Temptation: Pursuing Righteousness to Avoid Sin
			4	Accepting Suffering, Part 1: How God is Involved in Your Pain
			5	Accepting Suffering, Part 2: Waiting for Deliverance from Pain
			6	Accepting Suffering, Part 3: The Christian's Response to Pain
			7	Not of the World, but Sent Into It: Living as Christ's Followers in a Fallen World
		Redemption in a Fallen World	1	Justification & Adoption: God Will Never Condemn His Children
			2	Assurance of Salvation: Knowing to Whom You Belong
			3	Sanctification: How God Makes His People Holy
			4	Glorification: The Destruction of Death and Perfection of God's People
			5	The Second Coming of Christ: The End of the Age
			6	The Millennium: The Present Reign of Christ
			7	The Final Judgment & New Heavens and Earth: Fulfilling the Promise of the Gospel
6	God Honoring Parenting	Making Your Home All It was Meant to Be	1	Your Home As A School
			2	Your Home As A Hospital
			3	Your Home As A Mission
			4	Your Home As A Church
	God Honoring Parenting	Guidelines for Parenting	1	Adopting a Balanced Philosophy: Discovering God's Motive and Goal in Discipline
			2	Applying a Balanced Philosophy, Part 1: Principles of Instruction
			3	Applying a Balanced Philosophy, Part 2: Principles of Preventive Discipline
			4	Applying a Balanced Philosophy, Part 3: Principles of Corrective Discipline
		Engaging Your Child's Heart	1	Focusing on the Right Target: Influencing the Heart of Your Child
			2	Understanding the Competition: Dealing with Cultural Influences
			3	The Power of Parental Influence: For Better or For Worse
			4	Will I See My Children in Heaven? What Every Parent Longs to Know

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A digital subscription to The Journey is made available by Life on Life Ministries, Inc., a 501(c)(3) organization and denominational ministry of Perimeter Church. The Journey is a tool designed to assist women and men as they progress to become mature and equipped followers of Christ. Each Journey study encourages a commitment to life-on-life missional discipleship and includes twenty-eight (28) weeks of teaching and equipping digital resources, weekly lessons, addendums, audio files, specific leadership equipping video tools from Journey author and lead teacher Randy Pope.

Each Journey leader and student purchase a Journey digital subscription for \$15 (USD) and two printed, softback resources, The Answer and the Life Issues booklets (sold separately). The Journey teachings are constructed around five unifying elements: Truth, Equipping, Accountability, Mission and Supplication - T.E.A.M.S.O.
 Review samples of The Journey at <https://www.thejourneycurriculum.com/samples/>

www.TheJourneyCurriculum.com



www.LifeonLife.org

5. The Process – A 2-Year Cohort

3 Workshops

1. Foundations Of Discipleship
2. Discipleship In Practice
3. Discipleship – Leader Development

Coaching Zoom Calls

1. 12 Weekly Calls – “Ignition Guide”
(Between workshops 1 & 2)
2. Monthly Calls – Pastor’s Leadership Community
(Between workshops 2 & 3)

LIFE ON LIFE

THE TRAINING PROCESS

FIRST...

CHOOSE FOUR TO SIX PEOPLE FROM YOUR CHURCH TO FORM A LAUNCH TEAM
THESE PEOPLE WILL BE YOUR FIRST DISCIPLESHIP GROUP LEADERS
IT IS IDEAL TO HAVE 2-3 MEN AND 2-3 WOMEN ON THIS TEAM.
ASSIGN A MOVEMENT CHAMPION AND A MOVEMENT LEADER



MOVEMENT CHAMPION

(Typically the Senior Pastor)
THE MOVEMENT CHAMPION
COMMITTS TO LEADING A
DISCIPLESHIP GROUP AND
TELLING STORIES OF LIFE
TRANSFORMATION



MOVEMENT LEADER

(Typically an Assistant
or Discipleship Pastor)
THE MOVEMENT LEADER WILL LEAD A
GROUP, TRAIN AND COACH LEADERS,
AND DEAL WITH THE LOGISTICAL SIDE
OF THE MOVEMENT AT THE CHURCH.

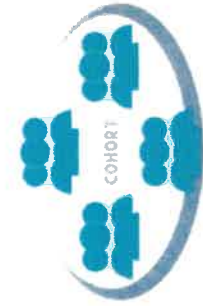


OUR PROCESS...



WORKSHOPS...

OUR WORKSHOPS ARE MULTI-DAY GATHERINGS FOR YOUR LAUNCH TEAM AND 5-10 OTHER **LAUNCH TEAMS** FROM CHURCHES IN YOUR REGION. THEY ARE HIGHLY INTERACTIVE, AND YOU WILL DIVE INTO DEEP LESSONS, SHARE MEANINGFUL EXPERIENCES, DEVELOP LEADERSHIP SKILLS, AND MAKE STRATEGIC PLANS FOR THE DISCIPLESHIP MOVEMENT AT YOUR CHURCH.



YOUR LAUNCH TEAM WILL GO THROUGH THE ENTIRE LIFE ON LIFE TRAINING PROCESS WITH OTHER CHURCH **LAUNCH TEAMS**. WE CALL IT YOUR **COHORT**. LOCK ARMS WITH OTHER PASTORS AND LEADERS STARTING DISCIPLESHIP MOVEMENTS LIKE YOU!~

COACHING...

COACHING IS KEY. OUR TRAINING PROCESS IS A LIFE-ON-LIFE MODEL. WE ARE HERE TO SUPPORT YOU EVERY STEP OF THE WAY. AS PASTORS WITH LIFE ON LIFE DISCIPLESHIP MOVEMENTS IN OUR OWN CHURCHES, WE HAVE ALREADY MADE MISTAKES AND LEARNED A THING OR TWO ALONG THE WAY TO SHARE WITH YOU.



HERE'S HOW COACHING CALLS WORK:
A **LIFE ON LIFE TEAM MEMBER** WILL BE ON COACHING CALLS WITH THE **MOVEMENT LEADERS** IN YOUR COHORT.
THEN, **MOVEMENT LEADERS** WILL REPEAT THE COACHING CALLS WITH THEIR **LAUNCH TEAMS**.

For more information, please contact your Life on Life coach or email lifeonlife@churchlaunch.com.

SESSION 4

CHALLENGES THE CHURCH MUST FACE

1. Being Firmly Committed To The “One Thing”

The One Thing – Bishop J.C. Ryle

A zealous man in religion is pre-eminently a man of one thing. It is not enough to say that he is earnest, hearty, uncompromising, thorough-going, whole-hearted, fervent in spirit. He only sees one thing, he cares for one thing, he lives for one thing, he is swallowed up in one thing; and that one thing is to please God. Whether he lives, or whether he dies, --whether he has health, or whether he has sickness, --whether he is rich, or whether he is poor, --whether he pleases man, or whether he is thought offensive, --whether he is thought wise, or whether he is through foolish, --whether he gets blame, or whether he gets praise, --whether he gets honour, or whether he gets shame, -- for all this the zealous man cares nothing at all. He burns for one thing; and that one thing is to please God, and to advance God's glory. If he is consumed in the very burning, he cares not for it, --he is content. He feels that, like a lamp, he is made to burn; and if consumed in burning, he has but done the work which God appointed him.



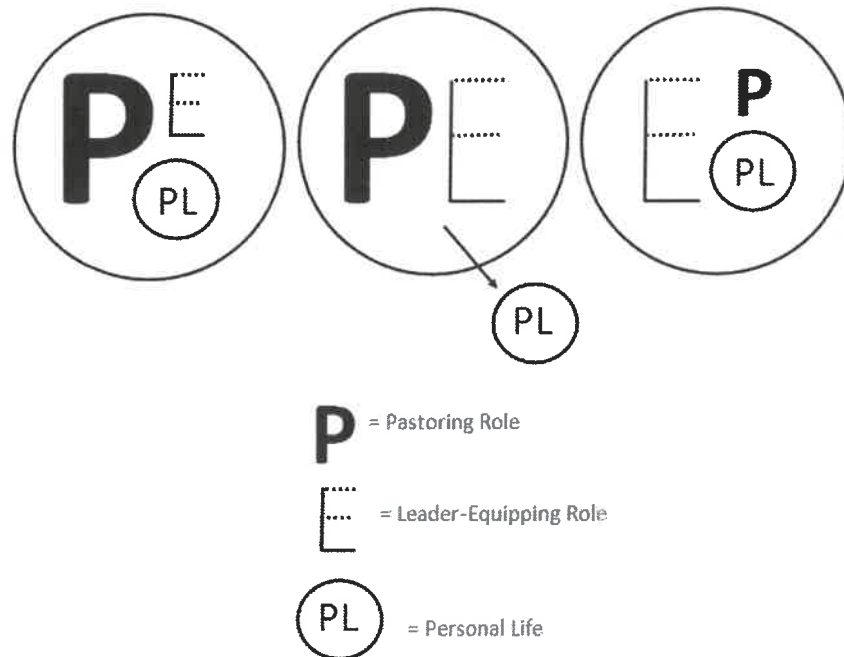
3 legs
My Recommendation

1. Sincere Worshipper
2. Faithful Disciple Maker
3. Effective Disciple Trainer

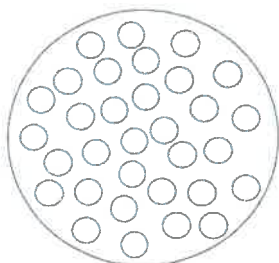
2. The Church's Leadership's Willingness To Divide Their Human Resources Between Two Types Of Small Groups.

Small Group	Journey Group
1. Leader moderates / teaches	1. Leaders labor in the lives of members to take to maturity & equipping
2. Members can come without preparation	2. Members must show up prepared
3. Members don't have to come if inconvenient	3. Members show up, prepared, even when inconvenient
4. Members come to get	4. Members come to get in order to give away to others
5. Members don't have to be missional	5. Members are held accountable to me missional
6. Members have no obligation when they leave the group	6. Members are expected to lead others when they leave the group
7. Members can be in a group as long as the group exists	7. Members are in a group up to three years max
8. Group uses ever changing curriculum	8. Group uses the same curriculum repeatedly

3. The Church's Leadership's Willingness To Free Their Pastor To Focus On His Primary Responsibilities.



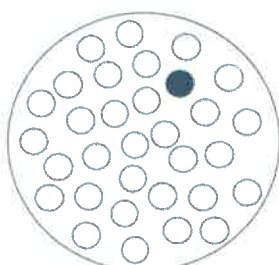
4. The Church's Leadership's Commitment To Refuse To Settle For Nothing But The Ideal.



Good

Traditional Discipleship Ministry
(a preaching/program focused ministry)

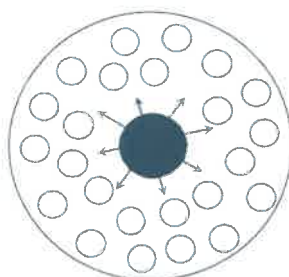
A church with many important ministries but no identifiable equipping and coaching of people to make and train disciples.



Excellent

Life-On-Life Discipleship Ministry
(a heavy emphasis on Life-On-Life discipleship)

A church with a well thought-through, identifiable life on life discipleship ministry which is one ministry among many other important ministries within the church (but it does not equip & coach its people to make and train disciples.



Ideal

Life-On-Life Discipleship Ministry As The
Central Focus Of The Ministry
(an equipping ministry supported by gospel centered preaching and programs)

A church which uses its foundational centerpiece ministry (LLMD) to shape, influence and fuel all of its other ministries. It equips its people to make and train disciples, who make and train disciples ...

5. The Church's Leadership's Willingness To Be Coached In Disciple Making And Disciple Training.

OTHER LIFE ON LIFE RESOURCES

What Is Life On Life Missional Discipleship? (video)

<https://lifeonlife.org/>

Life on Life Resources: <https://lifeonlife.org/resources/>

Discipleship Foundations

The Journey

The Answer

Life Issues Booklets

INsourcing: Bringing Discipleship Back To The Local Church

Express Your Faith Kit

The Journey – Gospel Living

Next Step Booklets

The Intentional Church

Finding Your Million Dollar Mate

Inviting Faith

Life On Life Training Process (video & link for info call)

<https://lifeonlife.org/training/>

The Journey (testimonies & resources)

<https://lifeonlife.org/resources/the-journey/>

Inviting Faith

The Diagram video - <https://lifeonlife.org/resources/express-2/>

Foundations Video – <https://randypope.org/foundations26>

(password – foundations)

Randy Pope Interview with The Gospel Coalition:

Deep Before Wide: A Vision For Returning Discipleship To The Church

<https://vimeo.com/65324877>

To Purchase The Answer

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